## **BUDGET FRIENDLY | CACFP MENU**

		WE	EK 1			
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Dates:						
REAKFAST:						
Whole Milk (age 1) or Whole Milk (age 1) or		Whole Milk (age 1) or	Whole Milk (age 1) or Whole Milk (age 1) or			
Milk	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+	
Fruit/Vegetable Banana Peach Cup			Canned Cinnamon Apples	100% Juice	Mixed Fruit	
Grain/Meat <sup>1</sup>	WG Cereal	Yogurt	Oatmeal	WG Waffle	WG Cereal	
Extra						
UNCH:		. House meaning An				
	Beef with Broccoli Bean & Chee		Mac n' Beef	Turkey Lettuce Wraps	Chicken Parm	
Milk Whole Milk (age 1) or Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Low/Fat Free Milk (age 2+)		Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Whole Milk (age 1) Low/Fat Free Milk (age 2+) Low/Fat Free Milk (ac			
Fruit/Vegetable <sup>2</sup> Clementine Mango		Mixed Fruit	Banana	String Beans		
Vegetable			Peas	Lettuce/Shredded Carrots	Tomato Sauce	
Grain Brown Rice		WG Tortilla	WG Mac & Cheese	Brown Rice	WG Pasta	
Meat/Meat Alternate Beef Crumbles		Black Beans/Cheese	Beef Crumbles	Turkey Crumbles w/ Soy Sauce	Chicken Patty	
Extra	Teriyaki or Zesty Orange Sauce	Diden Dearly Gricese	a gen diamanes	Sun/Soy Butter Drizzle	emercen race,	
NACK: Select two of the	ARREST CONTROL			3011/30 y Doctor Dilzzie		
NACK: Select two of the	•	ı	ı		SEGENAGUEN GUERHERNEN DANS DE COMPANIA	
	Tortilla Pinwheel					
Milk	Water	Water	Water	Water	Water	
Fruit		Applesauce	Clementine		Peach Cup	
Vegetable	Shredded Carrots/Cucumber			W6 116 D.:		
Grain	WG Tortilla	WG Maple Bites	WG Tortilla Chips	WG All Sport Bites	Pretzels	
Meat/Meat Alternate Extra	Cream Cheese			Sunbutter		
LXUA	Cream Cheese					
		WE	EK 2			
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Dates:						
REAKFAST:						
REARFAST:						
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2-	
Fruit/Vegetable	Pears	Peach Cup	Banana	Apple Slices	Mixed Fruit	
Grain/Meat <sup>1</sup>	WG Cereal	WG Bagel	Oatmeal	Sunbutter	WG Cereal	
Extra	Wd Celeal	Cream Cheese	Odtilledi	Solibottel	WG Cereal	
UNCH:		Greatif Cheese				
HOUSEHOUSES WOUSEHOUSE	-1 -0 -6-1 1					
	Thai Beef Salad	Turkey Taco	Sloppy Joe	Crunchy Chicken Wrap	Pasta with Meat Sauce	
Marina Marina	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+	
Milk	Low/i dt i icc wilk (dqc 21)			Pears	Apple Slices	
Fruit/Vegetable <sup>2</sup>	Mango	Corn	Mixed Vegetables	reals	, topic sinces	
Fruit/Vegetable <sup>2</sup>		150019°	Mixed Vegetables Oven Fries/Tator Tots	String Beans	Peas	
	Mango	Corn				
Fruit/Vegetable <sup>2</sup> Vegetable Grain	Mango Lettuce/Cucumber	Corn Salsa	Oven Fries/Tator Tots	String Beans	Peas	
Fruit/Vegetable <sup>2</sup> Vegetable Grain	Mango Lettuce/Cucumber WG Hawaiian Roll	Corn Salsa WG Tortilla	Oven Fries/Tator Tots WG Roll	String Beans WG Tortilla	Peas WG Pasta	
Fruit/Vegetable <sup>2</sup> Vegetable Grain Meat/Meat Alternate Extra	Mango Lettuce/Cucumber WG Hawaiian Roll Beef Crumbles Soy Sauce/Lime	Corn Salsa WG Tortilla Turkey Crumbles	Oven Fries/Tator Tots WG Roll Beef Crumbles	String Beans WG Tortilla Chicken Patty	Peas WG Pasta Beef Crumbles	
Fruit/Vegetable <sup>2</sup> Vegetable Grain Meat/Meat Alternate Extra NACK: Select two of th	Mango Lettuce/Cucumber WG Hawaiian Roll Beef Crumbles Soy Sauce/Lime	Corn Salsa WG Tortilla Turkey Crumbles	Oven Fries/Tator Tots WG Roll Beef Crumbles	String Beans WG Tortilla Chicken Patty	Peas WG Pasta Beef Crumbles	
Fruit/Vegetable <sup>2</sup> Vegetable Grain Meat/Meat Alternate Extra NACK: Select two of th	Mango Lettuce/Cucumber WG Hawaiian Roll Beef Crumbles Soy Sauce/Lime e five components  Water	Corn Salsa WG Tortilla Turkey Crumbles	Oven Fries/Tator Tots WG Roll Beef Crumbles Manwich Sauce	String Beans WG Tortilla Chicken Patty Honey Mustard or Ranch	Peas WG Pasta Beef Crumbles	
Fruit/Vegetable <sup>2</sup> Vegetable Grain Meat/Meat Alternate Extra NACK: Select two of th	Mango Lettuce/Cucumber WG Hawaiian Roll Beef Crumbles Soy Sauce/Lime	Corn Salsa WG Tortilla Turkey Crumbles Taco Seasoning	Oven Fries/Tator Tots WG Roll Beef Crumbles	String Beans WG Tortilla Chicken Patty	Peas WG Pasta Beef Crumbles	
Fruit/Vegetable <sup>2</sup> Vegetable Grain Meat/Meat Alternate Extra NACK: Select two of th	Mango Lettuce/Cucumber WG Hawaiian Roll Beef Crumbles Soy Sauce/Lime e five components  Water	Corn Salsa WG Tortilla Turkey Crumbles	Oven Fries/Tator Tots WG Roll Beef Crumbles Manwich Sauce	String Beans WG Tortilla Chicken Patty Honey Mustard or Ranch	Peas WG Pasta Beef Crumbles	



<sup>1.</sup> Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

<sup>2.</sup> The fruit component at lunch may be substituted by an additional vegetable.

## SEASON | TYPE SAMPLE MENU | ORDER GUIDE

		Ċ		n
ltem	Unit	Size	Brand	Description
100111	01116	5.20	Diana	Description



